

I'm not a bot

































BRONCHODILATOR MUCOLYTIC -SALBUTAMOL, Bromhexine, Guaifenesin, MentholBROMSAL Expectoant CHLORPHENAMINE, Guaifenesin, Pseudoephedrine, Ammonium, Sodium CitrateCOSCOP Expectoant CHLORPHENAMINE, Sodium Citrate, Pseudoephedrine, Codeine , HoneyCOSCOP C Linctus This list contains certified raw materials that have organic content. These are either organic physically processed agro-ingredients or chemically processed agro-ingredients made using organic ingredients. They have been certified under the COSMOS-standard and their organic content can count towards the organic percentage of COSMOS CERTIFIED cosmetic products.

NOTE : the raw materials certified in compliance with Version 3.1 of the COSMOS-standard may still be used until December 1st, 2025 for any finished products currently certified according to Version 3.1 of the Standard. 01 January 2024 - 3 min read Want nails that actually suit your hands? Start with the right shape. Whether your fingers are short, long, wide or somewhere in between — there's a nail shape that can flatter them. In this guide, we'll help you figure out your hand type, match it to the perfect shape, and show you how to get the look at home. Want nails that actually suit your hands? Start with the right shape. Whether your fingers are short, long, wide or somewhere in between — there's a nail shape that will flatter them. In this guide, you'll: Discover your hand type Match it with the best nail shape Learn how to get the look at home Get personalised tips for healthier, stronger nails Let's go. First, strengthen the canvas Before we talk about shape, let's talk about strength. Weak, peeling or brittle nails? Start here. The Ultimate Nail Rescue Set includes: Rest & Repair Nail Serum: Strengthens, smooths and repairs while you sleep Self Love Oil: Hydrates and softens cuticles for a healthier, shinier finish Stronger nails mean you can actually keep the shape you file. Shop Nail Rescue Step 1: Pick your nail shape There are more nail shapes out there than you can count on both hands. These are the ones we recommend most: While there are more nail shape types out there than you can count on both hands, here are a few of our favourites for your perusal. Natural Let your nails do their own thing. Great for a low-maintenance look. Oval Slimming and elegant. Soft, rounded edge that elongates fingers. Best for: Short fingers or wide palmsNot great for: Super short nails Square Blunt and bold. Straight-filed edge and sides. Best for: Long fingers and narrow nail bedsNot great for: Wide fingers (can make them appear wider) Almond Universally flattering. Tapered sides with a rounded tip. Best for: Almost everyoneNot great for: Very short nails Square Round (Soft Square) A square shape with softened corners. Practical and wearable. Coffin (aka Ballerina) Tapered sides, squared tip. Edgy but feminine. Best for: Long fingers and strong nailsNot great for: Short or brittle nails Stiletto Long and pointed. Dramatic and high-fashion. Best for: Acrylics or strong natural nailsNot great for: Typing Step 2: Know your hand shape The shape of your palm and the length of your fingers determine what works best. Use this simple guide: Hi-Five Hands Long palm, short fingers. Best shape: Oval.Why: Elongates your fingers and balances the palm.How: File sides straight, round off tip.Use with: Ultimate Nail Rescue to strengthen the free edge. Add to cart → Grounded Hands Wide palm, short fingers. Best shape: Almond or Oval.Why: Tapered shapes help fingers look longer.How: Gently taper sides, round the tip.Try this: Hydrate cuticles with Self Love Oil to visually extend the nail bed. Shop Now → Piano Hands Wide palm, long fingers. Best shape: Coffin.Why: Adds structure and balances width.How: Taper the sides, flatten the tip.Hot tip: Use Rest & Repair Serum to reinforce nails before filing. Get stronger nails — Generous Hands Long palm, long fingers. Best shape: Square.Why: Blunt styles look balanced and modern.How: File straight across, round the corners slightly.Pair with: Nail art — you've got the perfect canvas. Wait, but what if you have short nails? Totally fine. Short nails can still look polished and put-together — just ask Harry Styles.Try an oval or squoval shape to keep them clean and flattering. If your nails are short because they're damaged, start here: How to treat damaged nails → Then rebuild with the Ultimate Nail Rescue Set. Still not sure? Take our quick quiz to find the perfect nail shape for your hands and lifestyle. Find my shape → It only takes 1 minute. Before you go... Here's a quick recap: Know your hand shape: palm + finger length Match it with a complementary nail shape Almond works for almost everyone Strengthen your nails before you shape them Healthy nails = better shape, longer wear, fewer breakages Start with Nail Rescue — 56,810 certified products & raw materials across 82 countriesWe're in the 2025 Vetrina Bio Bank ReportJoin COSMOS & ICEA for two panels at COSMOSPROF BolognaRead our statement on the proposed Green Claims Directive The future and innovation of cosmetics: How regenerative practices and the green claims directive are... The COSMOS products database is for consumers, distributors, stockists or anyone needing to confirm authenticity of a COSMOS ORGANIC or COSMOS NATURAL certification on a cosmetic product. The database includes all organic and natural cosmetics, makeup and skincare brands and beauty products certified to the COSMOS-standard. Many products display a wide range of claims such as clean beauty, chemical free, non-toxic or GM free. Only independent certification to a recognised standard such as COSMOS guarantees that the product is a genuine organic or natural product. 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